



Food Plait (paper)



- divide 1 teaspoon of cereal onto 3 paper strips (50x20 cm)



- roll up every strip



- tie 2 strips together twice at one end (s. left picture) & wrap the 3rd strip around the knot end (s. picture below)





- braid all 3 strips together & tie the ends together



- brush the food plait with the flour-water-mix (s. left picture) & let it dry (s. picture below: dried finished food plait)

